

The Wellington News

JANUARY
2021

Assisted Living • Respite Care Services

Please check our website or call for updated information about our visitation policy.

Activity Highlights

I find it hard to plan a month and a half ahead of time these days when there are so many changes continually in this fight against COVID-19. We had our wonderful new maintenance engineer, Joel, build us an indoor visitation area. The day it was installed and ready to go the word came in that visitations were suspended. Don't worry: it's still there, waiting to be put to good use as soon as we are allowed. We thank you for your

patience and understanding that we are doing everything in our power to keep everyone safe and healthy here.

Most activities have been happening on an individual basis. I love spending special quality time with each resident

and they have been very good about sharing me and waiting for their turn for undivided attention. I'm finding out many wonderful things about them during our time together.

-The activities team

CAN YOU HELP?

We remain committed to high-quality, compassionate care for each resident, while supporting their families and our staff through this time.

To further our non-profit mission of helping as many seniors as possible (regardless of ability to pay), we are seeking your help.

Costs associated with COVID - and health care in general – have risen sharply. A few of the increased costs we're seeing include:

- PPE (masks, gowns, gloves, etc.) are up +600% as our usage surges
- Salaries and costs to recruit/retain staff have soared as has the need for more staff
- Medicaid recipients make up a large part of our census, but Medicaid doesn't cover care costs

Would you please consider a generous donation to our facility? Your tax-deductible gift helps cover resident care shortfalls and other costs so we can continue our legacy of excellence in senior care.



Please place a one-time or ongoing donation today at our website by clicking the DONATE tab or you can mail a check to us made out to our facility. Thank you for supporting us through the years. We are grateful for our community's partnership.

Wellington Place at Hartford

615 Hilldale Drive, Hartford, WI 53027
262.673.3544

Monica Rakowski, Administrator

 **Like Us On Facebook**

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.



**Wisconsin Illinois
SENIOR HOUSING INC.**

WellingtonPlaceHartford.org

WE ACCEPT CREDIT CARDS



Happy Birthday

Best wishes to our staff and residents celebrating birthdays this month.

Residents

Maggie

January 24th

WISH List

- Cookie Jar
- Portable DVD player(s)



Facility News

We are happy to welcome a new member to our Wellington Place at Hartford family. Luann K. has moved in. She is definitely the new “kid” on the block and now takes over as our youngest resident, adding a lot of energy to the ranks.

Like so many things in 2020 we have had to adapt, the sleigh rides that Activities had planned for our Christmas Party had to be cancelled due to not exposing ourselves to any outsiders. On the bright side, now we know where to find this activity for Christmas 2021. St. Nick visited on December 6th leaving candy and presents. We did our best with making the season festive in our little corner of the universe with tiny Christmas trees in

everyone’s rooms, everyone’s door was decorated, and we had a three-day festival of socially distanced cookie decorating. Since our Spirit week was such a success for Halloween we decided to do it again starting on the 21st. Monday was Light up day, Tuesday was Tinsel Day, then Ugly Sweater Day on the day of our party. Christmas Eve was Elf Day. Christmas day was dress up like the Nativity. And Saturday was another Pajama Day. Everyone should get to stay in PJs all day on the day after Christmas.

HUHS sent us a virtual Caroling video but we had even more fun with a Karaoke Caroling session and we played special Christmas bingo.

Photo Highlights



Our florist Nancy F. creates a cornucopia for our coffee table

More Photo Highlights



Special Thanksgiving bingo



Donna N. & Inge B. among others made bird feeders



Barb O. and Mabel F. show off some cork crafts



Google Reviews

"I have worked with this facility for a number of years and find their care to be exemplary. The culture of the facility is very caring and very friendly. As a Former State Surveyor for healthcare facilities, I would go here first if I needed Assisted Living." – Chris S.

"Every staff member is caring and professional. Our family member always comments on how much she likes living at Wellington, and we feel she chose the very best!" – Ellen L.

Facebook Review

"My Sister in Law was a resident for about 10 months, 7 of those were during the pandemic. The care and understanding from the staff towards the residents and their family was amazing. With all the extra effort required by staff to keep everyone, entertained, active, fed, and healthy, the staff remained positive and upbeat. My husband and myself were comforted to know "Tootie" was in excellent hands when we could not be there. We would recommend trusting your loved ones to the care at Wellington Place. – Lorraine H.



Job Postings

We are hiring on all shifts for full and part time positions. If you are interested in working somewhere with competitive pay, great benefits, and a home-like atmosphere, this is the place you belong. No experience is necessary as we are willing to train the right candidates. Feel free to come in and grab an application. Were excited for you to start this journey with us!

WiCAL

Wisconsin Center for Assisted Living

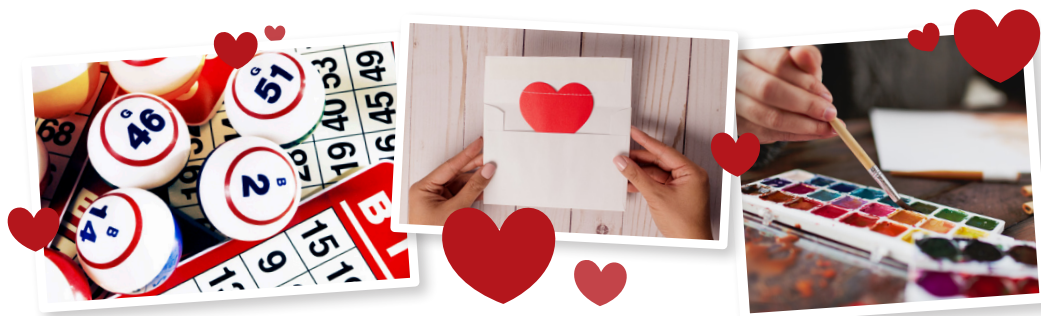
Your Wellington Staff

Office Hours: 8:00 AM to 5:00 PM

Visiting Hours 8:00 AM to 8:00 PM

Monica Rakowski	<i>Administrator</i>
Angie Reynolds- Klick	<i>Care Coordinator</i>
Brittany Huss	<i>Unit Coordinator</i>
Salina D.	<i>Coach</i>
Lucinda Gohman-Kramer	<i>Activity Coordinator</i>
Shelley Dorzok	<i>Cook</i>
Valeria P.	<i>CNA</i>
Jamie M.	<i>RA</i>
Haley M.	<i>RA</i>
Amber H.	<i>RA</i>
Shelby H.	<i>RA</i>
Marilyn H.	<i>RA</i>
Hannah B.	<i>RA</i>
Joel T.	<i>Custodial</i>
Jenna R.	
Jolene K.	
Taryn P.	

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January 24-30, 2021 is National Activity Professionals Week,

where we recognize Activity Directors and their teams who have worked hard this past year to provide many innovative, safe and socially-distanced (yet fun and engaging!) activities for our residents, families, and community. From hallway bingo, to pen pals, to special message boards, to window parades and visits, our Activity department has gone above and beyond with their efforts amidst outing and group restrictions. Please take a moment this week to let our Activities team know how much you appreciate them and all of their hard work they've provided not only this past year, but for every day that they share their talent, energy, and compassion. A simple thank you goes a long way to make anyone's day and to let them know you appreciate all they do.

Reduce Stress with More Vitamin C

It's all too easy to feel that you need to reach for the medicine cupboard when stress causes headaches and fatigue. Research shows that vitamin C is a healthy alternative to combat stress and may also have latent benefits such as preventing colds.

Vitamin C may reduce both the physical and the psychological effects suffered by people when stress attacks. Those who consume vitamin C regularly may not exhibit the symptoms of mental stress so easily when subjected to challenges each day. Additionally, those people find themselves able to recover from stressful encounters much more quickly than people whom consume very little vitamin C.



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