

The Wellington News

APRIL
2021

Assisted Living • Respite Care Services

Please check our website or call for updated information about our visitation policy.

Masks Are Still Needed

Even if you've been vaccinated, wearing a mask is still necessary. Experts have not determined when masks will no longer be required. To protect yourself and others, continue to wear your mask, social distance and wash hands often. **More FAQs on the COVID-19 vaccine can be found here: bit.ly/391gem0**



April is Occupational Therapy Month

Since 1980, the American Occupational Therapy Association (AOTA) has celebrated National Occupational Therapy Month and the +213,000 occupational therapists, occupational therapy assistants, and students who work nationwide to create fuller lives for clients and their families.



Occupational therapy practitioners enable people of all ages to live life to its fullest by helping promote health, and prevent or cope with injury, illness, or disability. These services can include:

- Offering ways to resume independence in bathing, dressing, and cooking a meal to seniors who are recovering from a stroke.
- Helping seniors recovering from injury to regain skills necessary to return home.
- Evaluating seniors' homes to promote safety and prevent falls.

Source: aota.org

Wellington Place at Hartford

615 Hilldale Drive, Hartford, WI 53027
262.673.3544

Monica Rakowski, Administrator

 **Like Us On Facebook**

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



Wisconsin Illinois
SENIOR HOUSING INC.

WellingtonPlaceHartford.org

WE ACCEPT CREDIT CARDS

Help Stop the Pandemic by Getting Vaccinated



Studies show that COVID-19 vaccines are effective at keeping you from getting COVID-19. Experts also think that getting a COVID-19 vaccine may help keep you from getting seriously ill even if you do get COVID-19. COVID-19 vaccination is an important tool to help us get back to normal.

COVID-19 vaccines teach our immune systems how to recognize and fight the virus that causes COVID-19. It typically takes a few weeks after vaccination for the body to build protection (immunity) against the virus that causes COVID-19. That means it is possible a person could still get COVID-19 just after vaccination. This is because the vaccine has not had enough time to provide protection.

Job Postings

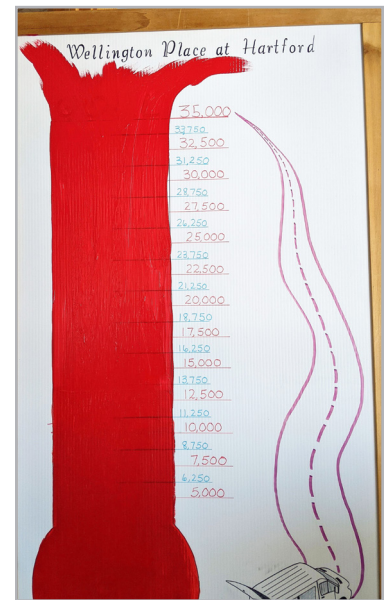
We are hiring on all shifts for full and part time positions. If you are interested in working somewhere with competitive pay, great benefits, and a home-like atmosphere this is the place you belong. No experience is necessary as we are willing to train the right candidates. Feel free to come in and grab an application. We're excited for you to start this journey with us!

Facility News

Blessed!

Blessed is how we are feeling here at Wellington Place of Hartford. After a terribly difficult year facing the global pandemic and all which that entailed, we must report that we have been truly blessed.

We did not have a single case of Covid in our building. We have now been fully vaccinated and can take a deep breath. Along with the myriad of things the pandemic affected, fundraising efforts towards our goal of purchasing a wheelchair-accessible bus of our own were pushed to the far back burner of concerns. Then an angel appeared with a donation check that will cover the entire amount for a brand-new bus capable of taking 14 seated passengers, or 6 with up to 4 wheelchairs at a time. Even if we can't go anywhere yet because of Covid, we will at least be able to get out of these 4 walls and go for a ride in the Spring sunshine, not to mention not having to depend on the taxi system for clinic visits.



WISH List

- Portable DVD players
- Craft storage shelves /cabinet
- 100-300 piece puzzles
- Large exercise balls



We have a guessing pool on when that giant snowplow pile of snow off our driveway will melt. Let's hope it doesn't go past April!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 21	22	23	24 Inga K.	25	26	27
28	29	30	31 Joe S.	1 April	2	3
4	5	6 Carol C.	7	8	9	10 Ady K.
11 Lorraine S.	12 Maggie B.	13 Carolyn S.	14 Maureen H.	15 Bob B.	16 Mary T.	17
18	19	20	21 Luann K.	22	23 Donna N.	24
25 George H.	26	27	28 Barb O.	29 Nancy F.	30 Mabel F.	1 May Alice S.

This month our movies will be featuring Barbra Steisand in several of her classic films.

Easter celebration and Earth Day will both be big events for April. The study of Ireland last month was so interesting that we will be exploring the other side of the world by learning about Australia this month.

Other happenings here at Hartford:

Our homophone list continues to grow as words come to mind. It has been fun when someone comes up with another one. We have all the regular words like too, to and two, there and their, ate and eight but we've come up with some unique homophones like

aisle & isle	baron & barren	coffers & coughers
Incite & insight	bury & berry	ceiling & sealing
gourd & gored	grown & groan	chili & chilly

We might have to start making sentences using them and see what we can come up with.

As it was in New Orleans our Mardi Gras celebration was pared back but the King Cake dessert with the baby baked inside was a staple we just couldn't do without.

Alice found one baby and Mabel had the piece of King Cake with the other baby.

March also had us reveling in all things Irish, not just St. Patrick's Day. We took video tours guided by Rick Steves to the Cliffs of Moher, Galway & Connemara on the west coast of Ireland, Dublin, & Belfast. We even virtually Kissed the Blarney Stone. We read from Irish authors and playwrights like Oscar Wilde and James Joyce. A lot of Irish themed movies were brought in thanks to our traveling librarian. We tried our hand at Irish soda bread and shepherd's pie. Mabel had traveled to Ireland and was able to give us her insights too.

Welcoming New Residents

Wing 1 is hopping again with three new residents. Please welcome Tony, Sally and Joe L. We look forward to getting to know them.



Happy Birthday

Best wishes to our staff and residents celebrating birthdays this month.

Residents

April 16th

Mary T.



Covid-19 vaccinations complete. Hallelujah!



Queen Mabel



Our indoor visitation area hosts Ingeborg's visit with her granddaughters.



Mabel helping prepare March Leprechaun table decorations.



Queen Alice

Add a Rating or Review on Google

1. On your computer, open **Google Maps** and make sure you're signed in.
2. Search for a place.
3. On the **left**, scroll down and click Write a review.
4. In the window that appears, click the stars to score the place. You can also **write a review**.

Celebrate World Art Day on April 15

World Art Day is an international celebration of the fine arts, which was declared by the International Association of Art (IAA/AIAP) to promote awareness of creative activity worldwide. The first World Art Day was held on April 15, 2012, a date chosen in honor of Leonardo da Vinci's birthday. In the United States, World Art Day was officially held for the first time in the City of Los Angeles on April 15, 2015.

WiCAL

Wisconsin Center for Assisted Living

Healthy Ways to Cope with Stress



Feeling emotional and nervous or having trouble sleeping and eating can all be normal reactions to stress. Learning to cope with stress in a healthy way can help make you, the people you care about, and those around you become more resilient.

Here are some healthy ways to deal with stress:

- Consider limiting news to just a couple times a day and disconnecting from your phone, TV, and computers for a while.
- Avoid excessive alcohol, tobacco, and substance use.
- Continue with routine preventive measures (such as vaccinations, cancer, other health screenings, etc.) as recommended by your healthcare provider.
- Get vaccinated with a COVID-19 vaccine when available.
- Make time to unwind. Try to do some other activities you enjoy.
- Connect with others. Talk with people you trust about your concerns and how you are feeling.
- Connect with your community or faith-based organizations.

Your Wellington Staff

Office Hours: 8:00 AM to 5:00 PM

Visiting Hours 8:00 AM to 8:00 PM

Monica Rakowski	<i>Administrator</i>
Angie Reynolds- Klick	<i>Care Coordinator</i>
Salina D.	<i>Coach</i>
Lucinda Gohman-Kramer	<i>Activity Coordinator</i>
Shelley Dorzok	<i>Cook</i>
Valeria P.	<i>CNA</i>
Jamie M.	<i>RA</i>
Haley M.	<i>RA</i>
Hannah B.	<i>RA</i>
Vicki F.	<i>RA</i>
Joel T.	<i>Custodial</i>
Jenna R.	<i>RA</i>
Annie S.	<i>RA</i>
Brianna W.	<i>RA</i>
Calie P.	<i>RA</i>
Alisia S.	<i>RA</i>

WORD SEARCH

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

ARTIST	JELLY
AWARENESS	PEANUT BUTTER
CLASSIC	RECYCLE
COPE	SHAKESPEARE
EARTH	STRESS
EASTER	THERAPY
EGG	VACCINE
ENVIRONMENT	

C	C	L	A	S	S	I	C	A	O	A	B	C	B	E
J	O	V	F	V	E	Z	M	M	P	Z	F	T	S	P
I	D	A	H	Z	A	B	C	B	C	P	E	B	A	R
U	O	R	R	B	R	C	S	A	P	N	N	S	U	R
R	I	T	E	P	T	S	C	Z	E	S	V	P	E	D
A	F	I	C	B	H	H	J	I	A	U	I	I	L	U
W	H	S	Y	C	O	A	E	U	N	O	R	Y	S	J
A	M	T	C	T	T	K	L	T	U	E	O	Y	T	A
R	A	U	L	N	H	E	L	L	T	H	N	U	R	F
E	E	Z	E	T	E	S	Y	S	B	Z	M	I	E	X
N	K	E	B	E	R	P	A	B	U	A	E	I	S	T
E	U	G	A	I	A	E	J	M	T	S	N	Q	S	E
S	S	G	T	Z	P	A	G	K	T	Z	T	U	P	T
S	J	W	W	X	Y	R	O	I	E	A	H	O	V	Z
F	H	U	Z	C	I	E	V	E	R	C	C	U	C	J

DONATE SAFELY AND EASILY ONLINE:

WellingtonPlaceHartford.org/Donate

